

“Psychodrama on the Educational Stage”
Grundtvig reference number:
142673-LLP-1-2008-1-PL-
GRUNDTVIG-GMP



Grundtvig



Education and Culture DG

"Bridging Psychodrama and Adult Education" - Grundtvig seminar
16 - 20 June 2010, Cracow, Poland

"You will be asked, in psychodrama as in art, to suspend critical judgment for a while, to let your heart speak and not only your head". (Zerka T. Moreno)

Why not participate?

If you – an adult educator – look for inspiration and new energy to enrich your professional life, just come!

- You will participate in four intensive workshops and gain an insight into the training program implemented successfully in Poland, Romania, Portugal and Cyprus.

What do the trainees say about their personal experience?

I never thought that I could enter the role of somebody I look after, step into his or her "skin". It's a very valuable experience.

I can use the techniques which I learned to work with different teams. Instead of a theoretical lecture I can propose a practical activity, which involves the whole group. Through creative activity we will achieve the same result as with the presentation of complex concepts and theories. The form of the classes is very important, and such methodology is attractive and interesting.

- You will receive our Project publications – a practical handbook (published in English, Romanian, Greek, Portuguese and Polish) and a DVD documentary film showing our training groups in action.
- You will meet people from all over Europe – both adult educators and psychodrama, sociodrama and dramatherapy practitioners.

Why not visit Cracow?

Cracow for a long time has been under the influence of the fairy-tale like scenery's charm, derived from the time when the kings were dwelling the Wawel Castle (which also these days influences the magic of this previous Polish capital's atmosphere), when menacing dragons were threatening the safety of the town and the bright knights were fighting for beautiful princesses' favor.

Today Cracow is being enchanted by beautiful historic monuments, storing the history of the town, as well as by exceptional underground pubs, cafes and theatres. In all those places you can feel a creative atmosphere, which encourages various artists to come in and have a cup of tea or a beer...

http://www.cracowonline.com/42,Why_visit_Krakow_.htm



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CRACOW, a great place to visit! City wrapped in legend, where time flows differently, and where every moment becomes a moment of history...

**Guide for applicants for Grundtvig funding:
In-service training – Increasing professional qualifications**

Application deadline: 16th January 2010

Who can apply for funding to train abroad?

Examples of eligible applicants include:

- . teachers/trainers in adult education;
- . staff working with adults with special educational needs;
- . staff working with adults at risk,
- . career officers, educational guides and counselors.

The eligible countries are the 27 Member States of the European Union, Norway, Liechtenstein, Iceland, Turkey.

How to apply?

1. Fill in the enclosed registration form (page 5) and send it to Grodzki Theatre Association till **18 th December 2009**
2. Get an acceptance form from Grodzki Theatre Association
3. Fill in the application form from your National Grundtvig Agency (the application form for In-service training – Training abroad is available on their website). The institution you work in or cooperate with needs to sign your application.
4. Send the form to the National Agency of the country you are resident of together with the acceptance form, Grundtvig seminar programme and any other documents required by your National Agency – application deadline – **16th January 2010** (please check with your Agency)



The chances of getting the funding are quite high, especially if your organisation has not applied before. Our seminar is in the Grundtvig database, which may also increase the chances of obtaining funding. Usually the National Agency will cover 100 percent of costs.

Advice for applicants

Here are some answers we have prepared to make it easier for you to fill in your application form. However, please make sure you read the instructions carefully, as each National Agency has its own requirements.

Sections about your organisation and work experience - you need to show that you have worked with adults (adult education, artistic activities, self-development workshops for adults, etc)

Type of course: General In-Service Training activities

Language - English

Type of courses: Grundtvig seminar

Name: Grundtvig seminar - "Bridging Psychodrama and Adult Education"

Please find all information about our seminar in the Grundtvig Training Database
<http://ec.europa.eu/education/trainingdatabase/>
reference number: PL-2010-088-001

Organisation: In national language and characters:
Bielskie Stowarzyszenie Artystyczne Teatr Grodzki
In English: The Bielsko Artistic Association Grodzki Theatre
Type of organisation: NFO NGO
Address: ul. Sempołowskiej 13,
43-300 Bielsko-Biała, Poland
www.teatrgrodzki.pl
Scope: regional, size:S3 (from 51 to 250 employees)

Date: 16-20 June 2010, Cracow, Poland

Preparation - Registered and accepted participants should first get familiar with the POTENS approach by exploring the website www.potens.com.pl. We strongly advise the participants to read any basic information available about psychodrama.

The participants should send their registration forms (page 5) to Grodzki Theatre Association up to 18th December 2009. (After this date you should call us to check if there are still free places on our seminar)



You might also find the information below useful.

Objectives:

The "Bridging Psychodrama and Adult Education" Grundtvig seminar will be a summary of the results from the Multilateral Grundtvig Project called "POTENS - Psychodrama on the Educational Stage". The duration of this project is: 1 October 2008 - 30 September 2010. The seminar will be a closing event of this project.

The most important objectives of "Bridging Psychodrama and Adult Education" seminar are:

- To organize international forum for the exchange of experiences and observations based on workshops run in four different countries with the involvement of both psychodrama and AE experts.
- To discuss possibilities of further work in this field
- Presentation of the project publications (film and handbook) and panel discussions on specific aspects of the methodology developed, its applications in the workshops and potential for further development. A press conference will be organized to disseminate the project results (methodology, workshops, publications).
- Insight into workshops program implemented in Poland, Romania, Cyprus and Portugal - presentation of best practices from workshops, experiencing psychodrama phenomenon. The sessions will be conducted by experts from each country, so that seminar participants will have the opportunity to experience a special power of different techniques based on psychodrama, sociodrama and drama therapy. Participants will be able to compare and choose the best - most effective techniques, which could be used in teaching adults. The "Bridging Psychodrama and Adult Education" seminar is intended to give participants - people working in field of adult education - explanation and examples of the new training methodology which combines psychodrama and adult education. Application of psychodrama techniques for teaching adults is an innovative approach, therefore, possibility of learning about all project results should be very interesting and developing for all people involved in adult education

Methodology:

The seminar will be conducted in the form of workshops by psychodrama leaders from 4 countries. It enables to present the best practices and experiencing psychodrama, sociodrama and drama therapy phenomenon.

Psychodrama is a technique which employs guided dramatic action to examine problems or issues raised by an individual or a group. Using experiential methods, role theory, group dynamics, sociometry, it facilitates insight, personal growth, and integration on cognitive, affective, and behavioral levels. It increases emotional and social well being, enhances learning and creativity.



The main goal of the project is to work out a set of training techniques to support and improve teaching-learning process of adult students.

The methodology is concentrated on the acquisition of three competences:

- Learning to learn (insight into one's potential, building on prior knowledge and experiences)
- Interpersonal and social competences (behavioral patterns corrected, conflict resolution)
- Cultural expression (psychodrama enhances creative expression of ideas, experiences and emotions through work on stage)

Improving the skills mentioned above will support participants who are professional adult educators and help them to use transversal competencies of creative expression, learning to learn and social skills during their courses. This is an innovative approach, fostering both the teachers' and their students' creativity.

Follow-up:

All seminar participants will receive a copy of the handbook and documentary film for educators (DVD).

- Handbook for educators will contain elaborate presentation of the psychodrama techniques applied in AE, pedagogical guidelines, description of the pilot workshops for educators and the application of the techniques learned by the workshop participants in their courses.

It will be published in five languages (EN, PL, RO, PT, EL), carefully designed and illustrated.

- Documentary film for educators will present the chosen techniques and scenarios from the pilot workshops in all the 4 countries as well as insights into the psychodrama applications in the courses run by the trained educators.

Through these publications, participants will be able to deepen their acquired knowledge and use new training methods in future.



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REGISTRATION FORM

Courtesy title (please tick)	Mr <input type="checkbox"/> Ms <input type="checkbox"/> Other (please specify) <input type="checkbox"/>
LAST NAME (FAMILY NAME)	
FIRST NAME	
NATIONALITY	
INSTITUTION/ORGANISATION	
ADDRESS	
COUNTRY	
TELEPHONE NUMBER	
FAX NUMBER	
MOBILE PHONE NUMBER	
E-MAIL	
PROFESSIONAL ENGAGEMENT	
SPECIAL NEEDS OR DIETARY RESTRICTIONS	
REQUIRED ACCOMMODATION	Number of nights: Dates:
ANY OTHER REQUIREMENTS/REMARKS	
EXPECTATIONS FROM THE COURSE	
ADDITIONAL INFORMATION – ONLY FOR APPLICANTS FOR GRUNDTVIG FUNDING	Date of birth Identification document Identification number
Signature, date, place	



Information for the applicants:

Only completed forms will be accepted.

The deadline for funding application to a National Grundtvig Agency is
16th January 2010.

The completed and signed registration forms (page 5) should be scanned and send by e-mail to: maria@teatrgrodzki.pl or anna@potens.com.pl till **18th December 2009.**

Or posted to: Grodzki Theatre Association, ul. Sempołowskiej 13, 43-300, Bielsko-Biala, Poland („Psychodrama on the educational stage”). www.teatrgrodzki.pl
www.potens.com.pl

You will receive an acceptance form, which you need to include, with the course programme, to your application for funding.