



# CALL FOR PAPERS

The Music Therapy Team at Anglia Ruskin University is pleased to announce a conference hosted by the Department of Music and Performing Arts. We welcome submissions on the conference theme:

## THE MUSIC OF MUSIC THERAPY

Friday 26th – Saturday 27th February 2010

Discussions of the clinical process in music therapy have in common their recognition of the value of music as part, or all, of the means of emotional communication and therapeutic exchange. On that basis, music therapists have turned in addition to theoretical ideas drawn from, or held in common with, other therapeutic traditions, such as psychoanalysis or developmental psychology, or from theories related to specific pathologies or client groups.

At this conference we will turn our attention to the nature of the music itself.

- What is the place of the therapist's own musical 'history' in her work?
- What influences the therapist's choice of instruments made available for the therapy?
- Are we drawing in our music upon recognisable stylistic conventions? If so, what and why?
- How does the client's musical 'history' affect the development of the musical language of the work?
- How can we think about the musical nature of an improvisatory encounter in ways which help our overall understanding of the therapeutic process?
- What is the place of pre-composed music and other receptive methods?
- What is the place of co-composition?
- How do musicological, aesthetic and other theories inform the way we think and speak about the meaning of the music?

Abstracts are invited from therapists who wish to explore some of these and other ideas from within their working experience in any clinical area and/or from a theoretical perspective.

# Guidelines for Proposals

## Papers

- a) **Clinical Themed Presentations:** Proposals should define the theme, setting, clinical population, intervention and outcomes. Clear links should be made to the focus of the conference.
- b) **Research Papers:** These should follow the traditional format of presenting the theoretical framework, method, outcome and a discussion. Clear links should be made to the focus of the conference.

For both these categories, papers should be 35 minutes in length to be followed by 10 minutes for questions and discussion.

## Workshops (1.5 hours)

Proposals should include a clear description of the aim, focus and content of the workshop, including maximum number of participants and any musical instruments needed. Clear links should be made to the focus of the conference.

Abstracts : 300 words maximum not including references

Biographical Details: 100 words maximum

Deadline for receipt of abstracts: 1st September 2009

Notification of acceptance of papers: October 2009

**All contributions will be evaluated by the scientific committee:**

**Chair: Professor Helen Odell-Miller**

**Dr Amelia Oldfield**

**Eleanor Richards**

**Helen Loth**

**Professor Tony Wigram**

**Please email your abstract and biography to:**

**Conference administrator, Magda Generalczyk: [magda.generalczyk@anglia.ac.uk](mailto:magda.generalczyk@anglia.ac.uk)**

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