

*BRITISH SOCIETY
FOR
MUSIC THERAPY*



**INFORMATION BOOKLET
2010**

BRITISH SOCIETY FOR MUSIC THERAPY

Information Booklet

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BSMT Office:

24-27 White Lion Street, London, N1 9PD

Tel: 020 7837 6100/Fax: 020 7837 6142

Email: info@bsmt.org Web site: www.bsmt.org

<u>Vice Presidents:</u>	Prof. Leslie Bunt, PhD,BA,CertEd,LGSM(MT)RMTh Dr Michael Swallow, FRCP Mrs Auriel Warwick, ExecDipMus(NZ),LRSM,LGSM(MT) Prof. Tony Wigram PhD,BA(Hons),LGSM(MT),DipPsych.RMTh. Dr E Gerald Wooster, BA,Chir,CM,MRCP,DPM
<u>Founder:</u>	Miss Juliette Alvin, FGSM,MT
<u>Chair:</u>	Dr Wendy Magee, PhD BMus Music Therapist PGDip ARCM NMT
<u>Administration:</u>	Miss Lisa McGinlay

Welcome –

Welcome to the latest edition of the BSMT Information Booklet, which contains a huge amount of information on the Society and music therapy.

If you are new to music therapy, we would recommend that you attend one of our **Introduction to Music Therapy** days. See the dates on Page 6. People of all ages attend these days – parents of children with disabilities, other professionals, and people considering music therapy as a career. We hold introductory days each year in London and Cardiff. In 2006 we held our first introductory day in Scotland.

If you want to use the services of a music therapist you can place a free advertisement in the Association of Professional Music Therapists monthly Employment Circular which is sent to all their members, nationally, at the beginning of each month. Contact their office on 020 7837 6100.

The BSMT has a music therapy library of many books. We have included some titles in this booklet and if you would like a suggestion of which book to read first, we recommend ***The Handbook of Music Therapy*** (Bunt, Hoskyns), ***Music Therapy*** (Darnley-Smith, Patey) or ***A Comprehensive Guide to Music Therapy*** (Wigram). All the listed books can be obtained from the BSMT Office. We also have a separate **Booklist** of all our books and on our web site there are write-ups of all the books. We have a **Book Loan** service for members of the BSMT, see page 33.

For people interested in training as a music therapist there is an excellent video ***Training as a Music Therapist at APU***. Although this is made by Anglia Polytechnic University about their course – it gives a good idea of training and the work involved whichever course you decide to apply for. The other videos show music therapy sessions with different clients.

We hope this Booklet will answer many of your questions, but please contact us again if you would like more information – copies of the leaflets on page 26, copy of the complete **Booklist** or **Index of Articles** in the Journal.

Finally, we hope that you will make a small donation to the Society for the service we have given you, and request you use the slip within this Booklet, and fill in the Gift Aid declaration if you are a taxpayer. Your donation will be very much appreciated by us.

BRITISH SOCIETY FOR MUSIC THERAPY

The British Society for Music Therapy (BSMT) was founded in 1958 by Juliette Alvin and her colleagues under the name of 'Society for Music Therapy and Remedial Music' with the object of promoting the use and development of music therapy. This is still the aim of the BSMT.

At that time music therapy was scarcely known as a profession, although music had been acknowledged as a means of healing for thousands of years. The BSMT was vital in supporting the work of the early pioneers and in helping the developing profession to gain the respect and status, which it now enjoys. The BSMT has grown into an organisation which reaches people with an interest in music therapy all over the UK and worldwide.

AN INTRODUCTION TO MUSIC THERAPY

The ability to appreciate and respond to music is an inborn quality in human beings. This ability usually remains unimpaired by handicap, injury or illness, and is not dependent on music training. For people who find verbal communication an inadequate form of self expression, music therapy offers a safe, secure space for the release of feelings. Furthermore, music therapy involves a relationship between the therapist and client in which music becomes a way of promoting change and growth.

WHAT IS MUSIC THERAPY?

There are different approaches to the use of music in therapy. Depending upon the needs of the client and the orientation of the therapist, different aspects of the work may be emphasised. Fundamental to all approaches, however, is the development of a relationship between the client and the therapist. Music-making forms the basis for communication in this relationship.

As a general rule both client and therapist take an active part in the sessions by playing, singing and listening. The therapist does not teach the client to sing or play an instrument. Rather, clients are encouraged to use accessible percussion and ethnic instruments and their own voices to explore the world of sound and to create a musical language of their own. By responding musically, the therapist is able to support and encourage this process.

The music played covers a wide range of styles in order to complement the individual needs of each client. Much of the music is improvised, thus enhancing the individual nature of each relationship. Through whatever form the therapy takes, the therapist aims to facilitate positive changes in behaviour and emotional well-being. He or she also aims to help the client to develop an increased sense of self-awareness, thereby enhancing his or her quality of life. The process may take place in individual or group music therapy sessions.

WHO IS MUSIC THERAPY FOR?

Music therapists work with children and adults who have a wide range of needs, including learning disabilities, physical, emotional and psychological disorders and sensory impairments. The music therapists work in a variety of settings, such as hospital, special schools, day centres, the community, the prison service and in private practice. They may be employed by the National Health Service, local Education Authorities or the Department of Social Services. Some may be funded by charitable organisations, trusts or be self-employed. In all work settings, music therapists function as part of the multi-disciplinary team, their observations adding greatly to the understanding of each client's needs, abilities or problems.

HOW CAN MUSIC THERAPY HELP?

The benefits gained from music therapy may be as varied as the needs of the clients using the service. For example, music can convey feeling without the use of words. For a person whose difficulties are mainly emotional, music therapy can provide a safe setting where "difficult" or repressed feelings may be expressed and contained. By offering support and acceptance the therapist can help the client to work towards emotional release and self acceptance.

Music is essentially a social activity involving communication, listening and sharing. These skills may be developed within the musical relationship with the therapist and, in group therapy, with other members. As a result clients may develop a greater awareness of themselves in relation to others. This can include developing greater confidence in their own ability to make relationships and to find positive ways of making their own needs known. It can greatly enhance their self-esteem.

<u>BSMT INFORMATION SERVICE AND PUBLICATIONS</u>	<u>BSMT MEETINGS, WORKSHOPS AND CONFERENCES</u>
The Society acts as an advisory body and is a centre of information and dissemination on services, training, bibliography and research, receiving from home and abroad a vast number of enquiries on all aspects of music therapy. Full details of our publications are given in this booklet.	The Society organises regular introduction to music therapy meetings, open to all who are new to music therapy: meetings and workshops on specific topics, where members and the general public can hear music therapists describe and discuss their work. There is an annual conference organised jointly with the APMT.

BSMT MEMBERSHIP

Membership of the British Society for Music Therapy is open to anyone interested in music therapy. The international membership of the BSMT represents many different professions including music therapists, musicians, medical and para-medical personnel, teachers, social workers, parents and students. Since 2000, the members of the Association of Professional Music Therapists (APMT) have automatically become members of the BSMT on joining the APMT.

In addition to Individual Membership, for which the annual fee is £50.00, Corporate Membership for universities, colleges, organisations and libraries, both in the UK and abroad, indicate recognition of the Society's role in the field of music therapy. The Corporate subscription fee is £80.00 p.a. There is a reduced fee of £35.00 p.a. for full-time students. An Application for Membership Form is on Page 35 of this Information Booklet.

BSMT MEMBERS RECEIVE

- ✓ 2 issues each year of the **BRITISH JOURNAL OF MUSIC THERAPY**
- ✓ 2 issues each year of our newsletter
- ✓ information on all BSMT meetings, workshops and conferences – with reduced admission fees
- ✓ details of new books and videos on music therapy – most of which can be easily obtained through the BSMT
- ✓ details of national and international music therapy congresses
- ✓ book loan service

BRITISH JOURNAL OF MUSIC THERAPY	BSMT AND APMT NEWSLETTER	WEB SITE www.bsmt.org
Published jointly with the APMT, the Journal contains articles written by music therapists on clinical work, theoretical issues and research. Editor: Simon Procter	The Newsletter is made up from material received in the office – news items, reports of meetings, conferences, publications and forthcoming events.	Visit the brilliant web site of the Society – it contains 80 pages of information for you to browse. It is updated regularly from the BSMT Office.

DIARY DATES FOR 2010

(Updated February 2010)

BSMT and APMT Annual General Meetings
24-27 White Lion Street, London, N1 9PD

20th March 2010

If you have recently been in contact with the BSMT for information, your name will have been added to the mailing list and you will be sent details of the events to which the general public are invited

THE BSMT IS A REGISTERED CHARITY

The Society is a Registered Charity – Reg. No. 260837. Donations we receive are used to assist in the running of the Society. We now rent an office and employ four members of staff, a full-time administrator and three part-time assistants. We run a busy information service and hold several conferences, meetings and workshops throughout the year. Our activities fulfil the Society's aim to promote the use and development of music therapy.

Donations are also used to provide musical instruments for use in therapy sessions. Often when new posts are set up there may not be enough funding for musical instruments and we help here as often as we can.

We also run the Juliette Alvin Music Therapy Fund and GAA MT Fund. Donations are sought for these funds, which support musicians during their training as music therapists. If we can help one new therapist, they will then go on to help many clients, children and adults, during their career as a therapist.

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We ask you to make a **DONATION** OF £3 to the BSMT to cover the cost of this Information Booklet and request that if you are a Tax Payer in the UK you **Gift Aid** your donation, enabling the Society to receive an additional 28p. per £1 from the Inland Revenue. This can be done using the slip enclosed with this booklet in the post, or by card payment by phone, or when you become a member or place an order using the form on Page 34.

THE ASSOCIATION OF PROFESSIONAL MUSIC THERAPISTS

The Association of Professional Music Therapists, APMT, founded by the British Society for Music Therapy in 1976, is the organisation in the UK for qualified music therapists.

The APMT aims to look after professional matters concerning pay and conditions, standards of clinical practice and promotion of music therapy information.

In addition to providing an information exchange for working music therapists through conferences and meetings, it provides information on statistics, music therapy as a career and other aspects of music therapy in the UK.

Anyone wishing to contact a music therapist should apply to the APMT for the name address of the Area Co-Ordinator for their region.

APMT Administrator
24-27 White Lion Street, London, N1 9PD
Tel: 020 7837 6100
Email: APMToffice@aol.com
Web site: www.apmt.org

REGISTRATION of MUSIC THERAPISTS

In 1997 by Act of Parliament, Art, Drama and Music Therapists were granted the right to become registered. In 2002 the Health Professions Council took over from the Council for Professions Supplementary to Medicine as the new legislative body for Registration of Arts Therapists.

In order to practise Music Therapists have to be registered. This assures the public that those who practise music therapy are competent to do so. The music therapist will have been trained on a course recognised by the Health Professions Council.

THE JULIETTE ALVIN MUSIC THERAPY FUND

The Fund has been established to provide Awards for the Music Therapy Course at the Guildhall School of Music and Drama, the Course founded by Juliette Alvin. Support is also provided for music therapists undertaking research. There are many talented musicians who wish to undertake the further training required to become music therapists, but funding is increasingly difficult to find.

The Awards for the Course are usually only made to students already training who find themselves in financial difficulties. There are not sufficient funds available to be able to pay the Course Fees.

The BSMT urgently needs more money to continue to help train music therapists. We have been helped by donations sent in memory of friends and at school concerts, where enthusiastic young musicians have entertained their friends and made a generous donation to the work of this Fund. We plan to extend our fundraising in the future. Please help.

FUNDING FOR COURSES SCHOLARSHIPS AND GRANTS

The British Society for Music Therapy is not able to provide funding for the music therapy training courses.

However, we are able to assist students whilst they are actually undertaking the training, but only in a very small way through two funds operated by the BSMT. They are the Juliette Alvin Music Therapy Fund and the GAA MT Fund.

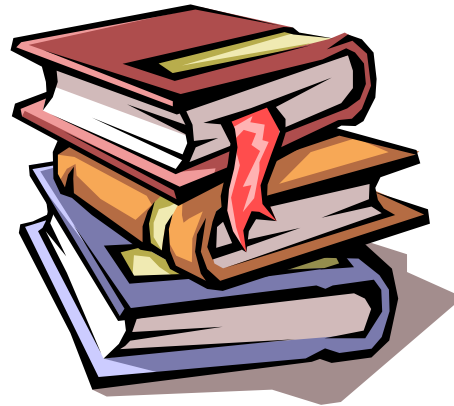
The GAA MT Fund was set up with a £15,000 donation in 1958. The interest raised by this capital sum will be used to assist students of any of the recognised training courses. The Awards will be made directly through the Heads of each of the Courses and can be used for travelling costs, books, conference attendance, personal therapy etc. It cannot be used for Course fees.

At the present time, with low interest rates, there are very limited funds available from both the JAMTF and GAAMTF but it is hoped that in time, through fundraising and donations, more money will be available. In both cases students can only be assisted whilst actually on a music therapy training course.

Students are required to find their own funding and we suggest they contact the courses themselves for information on bursaries and ideas for funding. There are various publications which may help that can be found in the Public Library. The Music Education Yearbook – A Guide for parents, teachers, students and musicians, and published by Rhinegold Publishing Ltd, has a chapter on Scholarships and Grants. The Directory of Grant-Making Trusts is another worthwhile reference book, published by the Charities Aid Foundation.

MUSIC THERAPY BOOKS

This is a list of some of the music therapy books that the BSMT Displays and sells. A complete [Booklist](#) can be obtained from the BSMT Office and there are write-ups of all the books on the BSMT web site: www.bsmt.org



We aim to send out all orders immediately they are received, often the same day, but please allow up to 21 days before checking with the office, we will inform you if there will be a delay which sometimes occurs with books published in the USA

A Comprehensive Guide to Music Therapy – Theory, Clinical Practice, Research and Training

Published by Jessica Kingsley Publishers, 2002 Price £27.50

(Book includes 2 CDs)

By Tony Wigram, Inge Nygaard Pedersen & Lars Ole Bonde

Music therapists, as in medical and paramedical professions, have a rich diversity of approaches and methods, often developed with specific relevance to meet the needs of a certain client population. This book reflects the many components of such diversity, and is a thoroughly comprehensive guide to accessing and understanding the ideas, theory, research results and clinical outcomes that are the foundations of this field. Providing a detailed insight into the field of music therapy from an international perspective, this book enables the reader to see the complete picture of the multifaceted and fascinating world that is music therapy. Contents –

- Introduction to music therapy
- Theoretical foundations of music therapy
- Models and methods of music therapy
- Music therapy in clinical practice
- Music therapy research and clinical assessment
- Music therapy training – a Bachelor's/Master's model
- Professional and technical resources
- A glossary and lexicon of music therapy

Creative Music in Groupwork

Published by Speechmark, 1997

Price £26.95

By Christopher Achenbach

Music groupwork is a therapeutic approach that can be enjoyed by adults of all abilities in any setting. This unique handbook contains practical ideas for instrumental, vocal and listening activities, ranging from basic directing gestures, clapping and free improvisation to chanting. As well as listing the resources required, each activity contains step-by-step instructions, useful tips and suggestions for development. A special section of this essential manual pays attention to groups with particular needs, such as elderly people and those with learning disabilities. There is also a list of useful contacts, making this an essential resource for anyone interested in pursuing music groupwork with their clients.

Section One Thinking and Planning

Section Two Activities

Section Three Ideas and Skills to Enhance Your Work

Section Four Particular Needs

Section Five Resources and Contacts

Groups in Music - Strategies from Music Therapy

Published by Jessica Kingsley Publishers, 2003

Price £18.99

By Mercedes Pavlicevic

Music in Groups happens all the time: in the street, the classroom, in music colleges, community centres, hospitals, prisons, churches and concert halls; at raves, weddings, music festivals, public ceremonies, music therapy sessions, group music lessons, concerts and rehearsals. Some group Musicking seems to 'work' (and play) better than others; some sessions feel exhausting even if things are going well; and at other times, we can't begin to explain the complex musical and relational textures of group music work to funders, employers, friends, colleagues, or line managers. In this book, music therapist Mercedes Pavlicevic develops a broad-based discourse to describe, analyse and guide the practice of group musicking, drawing on her own extensive experience. The text is illustrated with vignettes drawn from a range of formal and informal settings that include spontaneous public occasions, collective rituals, special and mainstream education, music therapy, the concert hall, the music appreciation group and community work. This book makes you think about balancing individual and group needs, the development of group time, dealing with over-enthusiastic performers who 'hog' the group sound, undercurrents in music groups, the complications of dealing with institutions, preparing music listening programmes and buying instruments for group work - if you're involved in any kind of group musicking, this book is for you.

Improvisation Methods and Techniques for Music Therapy Clinicians, Educators and Students

Published by Jessica Kingsley Publishers Price £17.95 plus £2.50 p&p

By Tony Wigram

'This is...a book that actually teaches someone how to go about the musical task of building one's own improvisatory repertoire of skills, written by someone who knows what the problems are. *Improvisation: Methods and Techniques for Music Therapy Clinicians, Educators and Students* is a landmark publication. It is the first book to extricate improvisation on different instruments. And it is the first book to integrate musical and clinical techniques of improvisation for both individual and group sessions.'

- from the foreword by Professor Kenneth Bruscia

Improvisation plays a key role in the toolbox of the music therapist. Tony Wigram's practical and comprehensive guide and CD will prove indispensable to students, teachers, therapists and musicians as a book of musical techniques and therapeutic methods. With specific sections on piano improvisation, Wigram also includes techniques for thematic improvisation, group improvisation and outlines methods for analysing and reporting improvisational processes. Notated examples allow readers to try out techniques and progress as they read, with audio examples on the accompanying CD adding another dimension to the structure and guidance provided for all levels of music student and therapist.

Making Music with the Young Child with Special Needs - A Guide for Parents

Published by Jessica Kingsley Publishers, 1993, 2nd Impression 2001, Price £8.95

By Elaine Streeter

Creating music is something that all children find stimulating and exciting. This new and updated edition of the well-established *Making Music with the Young Child with Special Needs* demonstrated how music can be used to encourage a child's development and provides practical help and guidance for parents and carers of all musical abilities, even beginners. The author also explains how musical activities can help to stimulate skills in other areas such as language and communication. The second part of the book details thirteen musical activities, with ideas for variations and further work.

In this new edition of her well-established book, Elaine Streeter helps parents and carers to learn not only how they can add to a child's fun, but also how they can engage a child in interactive communication at a level the child can make sense of – one of the most rewarding things anyone can do.

Music for Life - Aspects of Creative Music Therapy with Adult Clients

Published by Jessica Kingsley Publishers, 1995 Price £19.99. CD Price £13.99

By Gary Ansdell

Creative music therapy has its origins in working with children with special needs. In the last twenty years however, this approach has been used intensively with adult clients - with learning difficulties, chronic illness and mental health and psychosocial problems. Music for Life is the first survey in book form of this work with clients with learning difficulties, neuro-motor damage, Alzheimers Disease, AIDS and psychosomatic problems; work with a coma patient and theoretical chapters. The accompanying CD allows the reader the opportunity to listen to excerpts from case studies described in the book.

Music, Music Therapy and Trauma – International Perspectives

Published by Jessica Kingsley Publishers, 2002

Price £18.99

Edited by Dr Julie Sutton

Music communicates where words fail. This makes it an ideal medium for working with those who have suffered psychological trauma. Including specific examples and case studies, this book addresses the growing interest in the effects of trauma and how music therapy can provide a way through this complex experience.

With chapters written by many of today's leading specialists in this area, the subject is approached from a wide range of perspectives, with contributions covering the neurology of trauma and music, general issues, social and cultural perspectives, ways of contextualising contemporary classical music and conflict, music and trauma in areas where there is war, community unrest and violence (Northern Ireland, Bosnia-Herzegovina, South Africa), and music, trauma and early development.

Music Therapy

Published by Stainer and Bell, 1966

Price 12.00

By Juliette Alvin

Revised paperback edition of this classic music therapy book, containing several pages of pictures, written by the Founder of the British Society of Music Therapy and the Music Therapy Course at the Guildhall School of Music and Drama.

Music Therapy

Published by Sage, 2003

Price 17.99

By Rachel Darnley-Smith & Helen M. Patey

Music Therapy is an introduction to contemporary training and practice and a lively source of ideas for all who are new to music therapy as well as practitioners. The authors - both accomplished practitioners and experienced clinical situations and give examples of working with children and adults with differing needs, including autism, learning disabilities and mental health problems. They highlight the many issues which arise in day-to-day practice and explore other aspects of professional life, such as the role of personal therapy and supervision.

The book examines improvisation, the principal method for music therapy in the UK, and points to the underlying assumptions about music which shape this way of working. Two of the main music therapy approaches - Analytic Music Therapy and Nordoff-Robbins Music Therapy - are also outlined.

For anyone training or thinking of training to be a music therapist, this book provides an ideal place to start. As a guide to contemporary music therapy, it also has much to offer those already in practice.

Music Therapy: An Art Beyond Words

Published by Routledge, 1994

Price £21.99

By Leslie Bunt

Bunt explains the purposes and techniques of music therapy as it is practised today for a wide audience of mental health professionals, not just music therapists, and for all those interested in the use of creative arts in therapy. What has music got to offer a child or adult with a learning difficulty or impairment of any kind? Can music help people overcome or cope with mental health problems? Now a classic book for all those interested in the subject.

Music Therapy and Group Work – Sound Company

Published by Jessica Kingsley Publishers, 2002

Price £22.99

Edited by Alison Davies and Eleanor Richards

Group music therapy has been widely practised for many years and features substantially in training, yet there has been no publication devoted to the discussion of this area of therapy. Music Therapy and Group Work fills this gap in the literature and further develops the theoretical discourse that has previously been neglected in this area. Bringing together the experiences of group music therapy practitioners who work with diverse client groups in various settings, this book combines clinical examples with theory to provide a comprehensive introduction to group music therapy. Not only practitioners of music therapy but also those working in related disciplines will find this to be an informative and stimulating read.

Music Therapy in Dementia Care

Published by Jessica Kingsley Publishers, 2000

Price £19.95

Edited by David Aldridge

Within the last decade music therapists have developed their work with the elderly and with people with dementia. Drawing on the diverse research and considerable personal experience. Drawing on the diverse research and considerable personal experience of contributors from around the world, this book takes a comprehensive look at music therapy as a means of improving memory, health and identity in those suffering from dementia - particularly the Alzheimer's type. It explores the issues which may arise in working with this group, such as coping with wartime memories, and shows how music therapy facilitates and enables communication through sound and movement. This fresh, original book is an interesting and

informative read for the caregivers and families of dementia sufferers, and an essential resource for music therapists and all those involved in psychogeriatrics.

Music Therapy in Health and Education

Published by Jessica Kingsley, 1993

Price £25.00

Edited by Margaret Heal and Tony Wigram

Music Therapy is a diverse, stimulating and challenging field of work that explores our experience of sound, emotion and behaviour. It is recognised as a unique intervention which noticeable change and development occur, and the scientific and professional worlds have become increasingly interested in both the nature and process of music therapy, and in clear evidence of its outcomes and effectiveness.

The twenty-two chapters of this international book reflect the breadth and scope of music therapy practice in the world today. Clinical areas presented include studies on autistic children, Rett Syndrome, schizophrenia, eating disorders, profound handicap, psychogeriatrics, psychiatry, adolescents in secure care, challenging behaviour, developmental disability and special education.

Music Therapy in Palliative Care - New Voices

Published by Jessica Kingsley Publishers, 1999

Price £19.99

Edited by David Aldridge

Within the last decade music therapists have developed their work with people who have life-threatening illnesses and with those who are dying. This book presents some of that work from music therapists working in different approaches, in different countries, showing how valuable the inclusion of music therapy in palliative care has already proved to be.

Music Therapy - Intimate Notes

Published by Jessica Kingsley Publishers, 1999

Price £14.95

By Mercedes Pavlicevic

The stories and reflections in this book describe powerful encounters between nine music therapists and their clients. It is a practical and inspiring introduction to music therapy, showing its range of possibilities in various settings. The book provides a lively and informal theoretical foundation, and connects music to our intimate lives.

Pied Piper – Musical Activities to Develop Basic Skills

Published by Jessica Kingsley Publishers, 2001

Price £14.95

By John Bean and Amelia Oldfield

It is widely acknowledged that music is of great value to a wide range of people. *Pied Piper* describes nearly 80 different musical activities for groups of children or adults who may have a wide range of special needs. The music acts as a catalyst, helping people to acquire and improve basic skills and thereby to communicate better.

The authors John Bean and Amelia Oldfield are both experienced music therapists, and the activities described here have been successfully used on numerous occasions. This simple-to-use handbook is of value to all group leaders and carers, with or without a specialist musical background.

The Handbook of Music Therapy

Published by Brunner Routledge , 2002

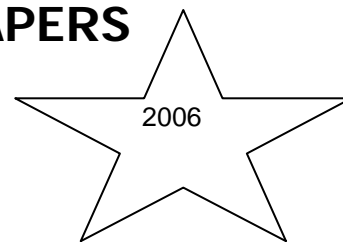
Price £20.99

Edited by Leslie Bunt and Sarah Hoskyns

Music therapists work with children and adults of all ages with wide-ranging health-care needs. This handbook traces the history of recent developments in music therapy and the range of current applications and outlines practical requirements for the work and some basic prerequisites for and philosophies of training. The Handbook of Music Therapy covers material encompassing clinical, practical and theoretical perspectives, and is divided into four main sections, including –

- The recent evolution of music therapy as a paramedical discipline complementing the more traditional areas of child and adult health care
- A clinical section including contributions from music therapy specialists in the fields of autism, adult learning disability, forensic psychiatry, neurology and dementia
- A section on resources necessary to practise as a music therapist including musical illustrations and practical examples
- A focus on issues pertinent to the life of the professional music therapist including job creation, supervision, further training and research.

BSMT PUBLICATIONS: CONFERENCE PAPERS



"The Sound of Music Therapy" BSMT/APMT Conference March 2006

ADUTT James	The Sound of Music Therapy with Children with Learning Disabilities
ANSDELL Gary	"...And Music Leads The Way..."
ATKINSON Christine	"Know My Music, Know Me"
BROWN Sandra	Joining Grief: Music Refound
COBBETT Steve	Music Therapy for Excluded Adolescents With Challenging Behaviour: Finding the Right Language
FLYNN Frances	Beyond Doors – Music Supports the Journey of Clients with Aspergers Syndrome
HARRISON Angela	Conductors Uncovered – Learning From Orchestral Experience
LAWES Martin	Dragon Slayer Music: The Interplay of Music, Drama and Narrative I n Music Therapy
O'KELLY Julian	Multi-Disciplinary Perspectives of Music Therapy in Adult Palliative Care
SHIN Jung Yoon "	Singing with Children with Special Needs and Strengths"
VAN COLLE Sue	Direction and Dementia: A Case Study
VERNEY CAIRD	SarahSignature Tunes, Unfolding Musical Language in Music Therapy. Graham: A Case Study
WETHERICK Donald	Refresh Your Improvisation! ...Or What To Do When The Music Gets Stuck

This set of Conference Papers is Price £16.00 plus £2.00 postage and packing
ISBN Number 0-85513-016-4

"No Man is an Island"

Groups, Partnerships and Teams in Music Therapy

BSMT/APMT Conference February 2005

HADLEY, Sarah & QUIN, Alexia	No Pain... No Gain: Improving a music therapy service with the Access Partnership (Keynote)
DAVIES, Alison & RICHARDS, Eleanor	The music therapy group as an "instrument" (Keynote)
BRIGHTMAN, Amalia & RIDLINGTON- WHITE, Helen	Co-Therapy within Creative Arts Therapy: Splits and Opposites – The Healing Journey
BULL, Rachel & ROBERTS, Cath	The Odd Couple – A model of co-working with non Music Therapists
BURRELL, Margareta	Reflections on the links between education and therapy through music and movement with the very Early Years and their parents
FILLINGHAM, Clare L	"Full House!" Exploring Relationship Difficulties in Group Music Therapy
LOUIS, Colette	Giving birth to a family Working in partnership with parents
O'CONNOR, Rebecca	Creating connections: an insight into the development of relationships within a short-term, psychodynamic music therapy group
SWEENEY, Catherine	From Two to Three: Couple Work in Music Therapy
TWYFORD, Karen	More than the Sum of its Parts Collaborative
PARKHOUSE, Charlotte & MURPHY, Joanne	Multidisciplinary Assessments with Children with Complex Needs
WHITE, Becky	The Whirlwind Group: A Group for young people with disabilities moving into adulthood, and the working relationships that supported the clinical work in a special needs school
WILSON, Sarah & COOPAN, Diveena	Music and Occupation Collaborative work between a music therapist and an occupational therapist in an acute mental health setting
WOODWARD, Ann & CARVISIGLIA, Ginny	Teaming up in Therapy

This set of Conference Papers is Price £16.00 plus £2.00 postage and packing
ISBN Number 0-85513-015-6

**“CHANGES” Exploring clinical, professional and global perspectives
BSMT/APMT Conference - February 2004**

BARRINGTON, Alison	Change of Direction: From School to Hospice
COMPTON, Stella	Community, Culture and Conflict: The Role of Creativity Part 2 – “Changes”
FEARN, Mary-Clare & O’CONNOR, Rebecca	Music and Attuned Movement Therapy: A therapeutic approach developed at The Cheyne Day Centre, London
HOPE, Claire	A Need for Change: From Ritual to Play
QUIN, Alexia	Transitional Times
RUCK, Wendy	The Changing People within a Consideration of the Meaning of Change
STRANGE, John	Who Should Change?
TWYFORD, Karen	From Multidisciplinary to Interdisciplinary: An Investigation into Collaborative Approaches in Music Therapy Practice
VERNEY, Rachel & ANSDELL, Dr. Gary	Changing Musicians, Changing Music Therapists?
WARWICK, Auriel	“Oh, Bugger Oops I Got it Wrong”
WETHERICK, Donald	‘Getting my anger out’ – psychodynamic and musical processes in music therapy with a bereaved boy
WOODWARD, Ann	A change will do you good? An exploration of ‘change’ within clinical work
Poster Presentation:	Building Bridges -
LARKIN, JC	Trusting Change
PEPPERALL, Clare	Intensive Interaction
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LEVINGE, Dr Alison	Music and Meaning (Keynote Presentation)
BARRINGTON, Alison	The Evolution of the Music Therapy Community in Great Britain
COMPTON, Stella	Community, culture and conflict: the role of creativity
DUNN, Henry	Faith, Spirituality and Music Therapy: The appropriateness of addressing spiritual needs in music therapy
FREEMAN, Adrienne	Following the path: how two cases finally ended
HARRISON, Angela	Celebrating 15 years of Music Therapy in a Rural Community
LAWES, Martin	Music, Healing and the Sound of Silence: Exploring Containment in Music at Body, Emotional and Transpersonal Levels
MILLMAN, Rachel	The Complete Music Therapy Service: Navigating the Community Music Therapy Path: Identity, Role and Relationships
NYE, Ian	Playing in Music Therapy: What do we mean?
PATEY TYLER, Helen	'Acknowledging Alvarez' The use of active techniques in the treatment of children with autistic spectrum disorder
POWELL, Harriet	From Community Musician to Music Therapist. A Music Therapy approach in a residential and day-care setting for older people
STEWART, David	Narratives in a new key; transformational perspectives in music therapy
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MUSIC THERAPY - GENERAL
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The Titles and Presenters of these Papers are fully detailed on our web site www.bsmt.org

The Papers are priced at £10.00 each volume, plus £2.00 per volume post and packing

BSMT PUBLICATIONS: MONOGRAPHS

The BSMT has prepared Monographs on different aspects of music therapy. These are bound Collections on Articles on the various subjects that have been published in the British Journal of Music Therapy 1969-1987, the Journal of British Music Therapy 1987-1993, and Conference Papers of the BSMT Annual Conferences 1960-1992.

Published Titles are:

MUSIC THERAPY FOR AUTISTIC DISABILITY Price £10.00

A4, 83 pages including articles on working with autistic children, case studies, research, psychotic adults and children

MUSIC THERAPY FOR SENSORY IMPAIRMENT Price £10.00

A4, 75 pages including articles on the musical training of the deaf child, speech and music, music therapy with the blind.

MUSIC THERAPY IN MENTAL HEALTH – TWO VOLUMES Price £18.00

A4, total 172 pages, including articles on work in psychiatric hospitals, work with schizophrenic patients, analytical music therapy, work with adult groups and family groups, emotionally disturbed children, case studies, work in the community.

MUSIC THERAPY AND PHYSICAL HANDICAP – TWO VOLUMES Price £18.00

A4, total 158 pages, including articles on children in special care unit, experiments with an athetoid girl, music therapy with the physically handicapped in Brazil and South Africa, value of music to the physically handicapped, musical speech therapy, motor control, individual and group work in music therapy, microtechnology in music therapy, vibroacoustic therapy – the therapeutic effect of low frequency sound on specific physical disorders and disabilities.

MUSIC THERAPY FOR CHILDREN WITH LEARNING DIFFICULTIES – TWO VOLUMES Price £18.00

A4, total 209 pages, including articles on music in a special school for the educationally subnormal child, music with a brain damaged child, children in a special care unit, psycho-physical responses to music therapy of young retarded children, two controlled experiments in music therapy, project investigating the therapeutic value of music in the remedial training of children with psycho-neurological dysfunction, music therapy in the assessment and treatment of a pre-school language delayed child, music for children with learning impairments, choosing music for therapy, music and movement therapy, integration through music, research in music therapy – outcome research with handicapped children, informal music groups.

MUSIC THERAPY AND THE ELDERLY AND MUSIC THERAPY AND NEUROLOGY (in one volume) Price £10.00

A4, total 70 pages, including articles on music therapy with geriatric patient, understanding the elderly alcoholic, music therapy and Alzheimer's Disease, music therapy for psychogeriatrics, observations of the reactions to music of stroke victims. Music Therapy with Parkinson's Disease, Huntington's Disease and brain damage.

BSMT PUBLICATIONS: BOOKS

MUSIC THERAPY RESEARCH:

Growing Perspectives in Theory and Practice - Volume 1

Edited by J Z Robarts

ISBN 0-85513-012-1 Published by BSMT Publications 2000 Price £15.95

A collection of chapters on music therapy research from Barbara Wheeler, Penny Rogers, Kenneth Aigen, Amelia Oldfield, Mercedes Pavlicevic, Colwyn Trevarthen, Janice Duncan, Gro Trondalen, Jacqueline Robarts and Wendy Magee

VIDEOS, CD and CDRom

MUSIC THERAPY AT THE CHILD DEVELOPMENT CENTRE, CAMBRIDGE

Made in 1992 by Amelia Oldfield and Richard Cramp. Length: 38 minutes.

This video includes excerpts of three individual music therapy sessions and two music therapy groups. The three individuals are a little boy of four with Cerebral Palsy who is seen with his mother, a girl of seven with Autism and a girl of four with a Language Disorder. The two groups are a multidisciplinary group for mothers and young children with a variety of special needs, and a class of five to six year old children with language disorders who are seen with their teacher and a classroom assistant.

The video should be useful to anyone with an interest in music therapy, and in particular medical and paramedical staff, teachers or assistants working in special schools, parents, music therapists or music therapy students.

The video costs £16.00 plus £2.00 P&P. Available from the BSMT

TIMOTHY, MUSIC THERAPY WITH A LITTLE BOY WHO HAS ASPERGER SYNDROME

Made in 1994 by Amelia Oldfield and Richard Cramp. Length: 32 minutes.

Excerpts of individual music therapy sessions with Timothy over a period of 18 months of weekly sessions are shown. Interactions between Amelia Oldfield and her own two twin daughters at 8 to 23 months old are also shown, and parallels are drawn with the music therapy processes occurring in Timothy's sessions.

Like Amelia's first video, this should be useful to anyone with an interest in music therapy and, in particular, medical and paramedical staff, teachers or assistants working in special schools, parents, music therapists and music therapy students.

The video costs £16.00 plus £2.00 P&P. Available from the BSMT

Also available from the BSMT in American Format VHS NTSC (USA) at \$35 (£23.00) plus airmail P&P.

MUSIC THERAPY FOR CHILDREN ON THE AUTISTIC SPECTRUM

Now available on DVD only. Originally made on video in 2000 by Amelia Oldfield, Rod Macdonald and Joy Nudds. Length: 34 minutes.

This video shows and discusses excerpts from music therapy sessions with a wide range of children with various types of Autism seen individually, with their parents and in groups. Interactions occurring in music therapy sessions are compared to interactions between chamber music players, as well as to mother-baby interactions.

The DVD costs £16.00 plus £2.00 P&P. Available from the BSMT

JOSHUA AND BARRY – MUSIC THERAPY WITH A PARTIALLY SIGHTED LITTLE BOY WITH CEREBRAL PALSY

Made in 2002 by Amelia Oldfield and Joy Nudds. Length: 29 minutes.

Winner of the Royal Television Society, East Anglia, Non-Broadcast Video of the Year Award.

This video includes excerpts of music therapy sessions over a period of 18 months when Joshua was two to three years old. You also see Joshua and his father, Barry, in physiotherapy sessions, with the specialist teacher for partially sighted children, at playgroup, at home and in the swimming pool. The video highlights the special relationship between Joshua and Barry, which is enhanced by their shared enjoyment of music making.

The video should be relevant to anyone with an interest in music therapy, cerebral palsy, children who are partially sighted, multi-disciplinary work and therapeutic approaches involving working closely with children and their families.

The DVD costs £16.00 plus £2.00 P&P. Available from the BSMT

TRAINING AS A MUSIC THERAPIST AT ANGLIA POLYTECHNIC UNIVERSITY

Made in 1999 by Amelia Oldfield, Rod Macdonald and Joy Nudds. Length: 26 minutes.

This video describes the music therapy training course at Anglia Polytechnic University. It includes excerpts of students' clinical supervision on individual music therapy sessions with a little boy with severe learning difficulties and an order boy with emotional problems.

The video costs £16.00 plus £2.00 P&P. Available from the BSMT

THE CROFT - A UNIT FOR CHILD AND FAMILY PSYCHIATRY IN CAMBRIDGE

Video produced by Anglia Polytechnic University, 2005. Made in 2005 by Amelia Oldfield, Joy nudds and Rod Macdonald. Length: 55 minutes.

This video shows children and adults receiving treatment at the Croft Unit for Child and Family Psychiatry in Cambridge. The children and the families in the video are actors, but the staff on the Unit are mostly in their own roles. Children and families are shown in a variety of settings such as the Unit school, the playground, in self esteem and social skills groups, in the evenings and at night in the residential area, in music therapy groups and in family therapy. Individual treatment and assessments are also shown as well as multidisciplinary team meetings where families are discussed and reviewed.

The video will be relevant to anyone with an interest in Child and Family Psychiatry. It could, for example, be used as a training tool for students who are training to be psychiatric nurses, psychiatrists, social workers, family therapists or music therapists. It may also be used for families who are considering treatment at the Croft or other similar Psychiatric Units.

The video costs £16.00 plus £2.00 P&P. Available from the BSMT

CD – ICE CALM – BACKGROUND PATTERNS FOR IMPROVISATION

Utilising a wide variety of musical styles, this interaction Audio CD provides a compelling way of involving people in music, encouraging self-expression, creativity and learning. The CD is appropriate for both novices and experienced musicians. The CD booklet included, presents further information on the concept and its areas of application.

CD Price £9.00 Plus £2.00 P&P. Available from the BSMT

MUSIC THERAPY WITH CHILDREN (CD ROM)

BY David Aldridge

Published by Jessica Kingsley Publishers

Price £15.95 plus £2 P&P

Available from the BSMT

Music Therapy with Children presents case studies of children with different handicaps, who are helped through the use of music. The CD Rom is compatible for Windows 95 and Macintosh operating systems. System requirements: Windows '95 or '98 and MAC operating system 7.6 or later.

APMT/BSMT LEAFLETS

The APMT and BSMT jointly publish 4 leaflets describing how music therapy can help in specific cases.

Each leaflet gives a case study of a client, sometimes two case studies, answers the question 'what is music therapy?', and describes the aims for that client group.

The 4 leaflets are:

How can music therapy help adults with mental health problems?

How can music therapy help people with learning difficulties?

How does music therapy help children with special needs?

Music therapy with the terminally ill and bereaved

These leaflets are available from the BSMT on request.

MUSIC THERAPY COURSES – ENTRY REQUIREMENTS

Each of the post-graduate courses require a high level of musicianship. Students are normally accepted only if they have a three year musical training leading to a diploma or graduateship from a college of music or a degree from a university. Occasionally students who hold qualifications in subjects other than music, e.g. psychology, may be accepted if they have achieved a high standard of musical performance. Assessment of personality and suitability for the work also forms part of the interview. Applicants are preferred to be 25 years of age or older for most courses.

MUSIC THERAPY TRAINING COURSES

Approved by the Health Professions Council

MA IN MUSIC THERAPY, ANGLIA RUSKIN UNIVERSITY

The course aims to train suitably experienced musicians as professional music therapists at master's level, adhering to the general clinical definition of music therapy within the UK. This is a 2 year award, providing a framework for students to gain both a qualification to practice and an MA in Music Therapy. There is also a part-time route.

Two aspects of music therapy are central to the music therapy approach in the UK. These are the use of improvised music and the importance attached to the relationship between the patient and the therapist. These characteristics, which result in the need for rigorous clinical, musical and psychological training on the music therapy course underpin the training. APU has a strong emphasis on work clinical placements, and upon using the appropriate interventions according to patient need. It has a specific emphasis upon active improvisation, experiential learning, and psychoanalytically informed practice, as well as developmental approaches. This clearly acknowledges that music therapy involves a relationship between patient and therapist with music forming the basis for communication within this relationship. A video is available about the training course from the BSMT.

Contact: MA Music Therapy Administrator – Music Department Office, Anglia Ruskin University, Faculty of Humanities, Arts & Education, Department of Music and Performing Arts, East Road, Cambridge, CB1 1PT, Telephone: 01223 363271 ext. 2047, Web site: www.anglia.ac.uk

DIPLOMA IN MUSIC THERAPY (GSMD/CITY)

The course aims to realise the full potential of students' individual musicianship and to apply this clinically in a variety of fields including learning disability, physical handicap and neurology, mental illness, geriatrics and emotional and social disorder in children and adults. It prepares students for employment in health, education, social and community service and private practice. The course is influenced by humanistic and psychodynamic approaches to therapy, though students are encouraged to develop a personal style of work. Keyboard skills are required.

Contact: The Registrar, Guildhall School of Music and Drama, Barbican, London EC2Y 8DT, Telephone: 020 7628 2571, Web site; www.gsmd.ac.uk

CITY UNIVERSITY MASTER OF MUSIC THERAPY DEGREE IN NORDOFF-ROBBINS MUSIC THERAPY

The next intake for this course is 2011

Nordoff-Robbins MMT is a two-year postgraduate training course, held at the Nordoff-Robbins Music Therapy Centre in North London. It gives a full time professional training in Nordoff-Robbins music therapy and leads to the Master of Music Therapy (MMT) degree, awarded by the Centre with City University, London. While the training focuses primarily on developing clinical musical skills, the course will also introduce you to other theoretical perspectives such as early infant development and psychodynamics. You will be encouraged to integrate these concepts into your thinking about the music therapy relationship. You will also be studying in a vibrant multi-cultural environment with placements in a wide variety of schools and community settings.

Contact: Nordoff-Robbins Music Therapy, 2 Lissenden Gardens, London NW5 1PQ, Telephone: 020 7267 4496, Web site: www.nordoff-robbins.org.uk

MA IN MUSIC THERAPY (COMMUNITY MUSIC THERAPY/NORDOFF-ROBBINS) PART-TIME MUSIC THERAPY TRAINING PROGRAMME

The next intake for this course is 2011

Hosted by the Royal Northern College of Music, Manchester and validated by City University, London, Nordoff-Robbins Music Therapy is delighted to announce the launch of a brand new part-time music therapy training programme based in Manchester, beginning in September 2008.

It has been specifically designed to interface with the developing Nordoff-Robbins National Outreach Centres, which have been located in areas of the UK where music therapy provision is currently low.

The programme offers an innovative part-time practice-based professional training for musicians wanting to develop their therapeutic skills (for example, outreach

musicians, community musicians and music teachers). The part-time delivery of the programme will allow students to pursue a limited amount of other professional activity during the training period., organised by Nordoff-Robbins, and pursue an e-learning programme of private study and musical skills practice of at least 8 hours per week.

Students will undertake 3 separate clinical placements during the course of the programme, involving contrasting clinical populations (with children and adults) and varying organisational contexts. In addition to the regular weekly commitments there are also five residential weekends across the programme and two residential weeks. Students' personal and professional development will be supported by a range of individual and group supervision, mentoring, professional support and personal development components.

The programme will run for 2½ years – this is a one-off opportunity as there will not be a yearly intake. Bursaries are newly available.

Contact: Nordoff-Robbins Music Therapy, 2 Lissenden Gardens, London NW5 1PQ, Telephone: 020 7267 4496, Fax: 020 7267 4369, Website: nordoff-robbins.org.uk, Email: matraining@nordoff-robbins.org.uk

UNIVERSITY OF THE WEST OF ENGLAND, BRISTOL, PART-TIME, TWO-YEAR MSc IN MUSIC THERAPY

The Course is offered to equip musicians with the clinical and practical skills required to enter the Music Therapy profession. It is designed for musicians who are unable to attend the present full-time courses and who are probably currently working in areas such as education, health and social services. The students attend the University for one day a week, plus additional Saturday and weekend courses. In addition, a minimum of 240 hours of clinical practice in a variety of settings is compulsory in order to comply with national APMT standards. A minimum of 25 years of age is necessary for the Course. Musicians from all backgrounds of music are encouraged to apply for this course. This is a postgraduate course requiring sustained musical training, normally to degree level or equivalents, as an entry requirement.

Contact: University of the West of England, CPD and Conference Unit, Health Training and Research Centre, Faculty of Health and Social Care, Frenchay Campus, Bristol BS16 1QY, Telephone: 0117 328 1158.
Web site: www.uwe.ac.uk

MSc MUSIC THERAPY (NORDOFF-ROBBINS) **QUEEN MARGARET UNIVERSITY COLLEGE, EDINBURGH**

This programme is offered on either a two-year full-time or three-year part-time basis. A particular focus is placed on the Nordoff-Robbins approach to music therapy while also incorporating other methodologies in both teaching and placement contexts. Two contrasting placements are provided in this programme and these are underpinned by clear theoretical, practical and clinical constructs. At the heart of this lies the therapeutic value of music itself and how this can represent the main agent of change. A strong emphasis is placed on the development of a research mindset in each aspect of the programme. Applicants should be at least 23 years of age and be able to demonstrate a range of musical attributes, including competent keyboard skills. Experience in working alongside people who may demonstrate a particular disability or disorder is helpful.

Contact: Admissions Office, Queen Margaret University, Edinburgh, Queen Margaret University Drive, Musselburgh, East Lothian, EH21 6UU.
Tel: 0131 474 0000 Web site: www.qmu.ac.uk Email: admissions@qmu.ac.uk
Or contact the Programme Co-ordinator: James Robertson
Email: jrobertson@qmu.ac.uk

MA/GRADUATE DIPLOMA IN MUSIC THERAPY – **ROEHAMPTON UNIVERSITY**

The approach at Roehampton is informed both by psychodynamic theory and research into early mother infant interaction. The approach emphasises the use of co-improvised music in both individual and group work as a medium in which clients may move towards increased well being and independence. Students undertake modules of study in music therapy theory, clinical improvisation and studies in related disciplines. Clinical work takes place in two 6-month placements (January – July and then September – February). The post graduate diploma may be taken full time (one and a half years) or part time (two and a half years). Students successfully completing the post graduate diploma may go on to undertake their MA. Applicants must give evidence of their readiness for postgraduate academic study together with demonstrable professional music skills, practical work experience with some relevant client groups and personality compatible with training.

Contact: School of Human and Life Sciences, Roehampton University-
Whitelands College, Holybourne Avenue, London, SW15 4JD
Tel: 020 8392 3000/3423 Web site: www.roehampton.ac.uk/pg/mt/index.html

Administrator: Jane Dunnell Tel:020 8392 3907 Email: j.dunnell@roehampton.ac.uk
Course Co-ordinators: Tessa Watson and Rachel Darnley Smith

SHORT INTRODUCTION TO MUSIC THERAPY COURSES

Introductory Courses are held by the following organisations.
Please note these Courses do not lead to a professional qualification.

University of London, Goldsmiths College. Web site: www.goldsmiths.ac.uk

Nordoff-Robbins Music Therapy Centre. Web site: www.nordoff-robbins.org.uk

Roehampton University. Web site: www.roehampton.ac.uk

BRITISH JOURNAL OF MUSIC THERAPY

The British Journal of Music Therapy is published jointly by the BSMT and Association of Professional Music Therapists (APMT). Two issues are despatched to members of both organisations each year.

The Journal was formerly known as the Journal of British Music Therapy and the name changed to BJMT 1995.

Whilst the current issue is only available to members, back issues of all volumes can be purchased at £10 each. Those now out of print can be supplied in a first class photocopy. Details of the ones we copy are in the Index and on the web site. There is an **Index of the Journal articles** available – please contact the BSMT Office for a copy. The **Index** lists all the authors and articles and also lists the articles by subject matter.

The BSMT web site www.bsmt.org displays all the **abstracts** of articles in the Journal from its beginning in 1987.

To give an idea of the content of the Journal – we list below the articles in Volume 17 Nos. 1 and 2

Vol. 17 No 1

- Sutton J Editorial – The State of the Profession – revisited
O'Neill N & What am I doing here? Exploring a role for music therapy
Pavlicevic M with children undergoing bone marrow transplantation at
Great Ormond Street Hospital, London
Aldridge D Music Therapy References Relating to Cancer and Palliative Care
Bunce L An investigation into short-term music therapy with mothers and
young children

Book Reviews

- William A *Analytical Music Therapy* – Ed Johannes Th. Eschen
Procter S *Musical Identities* – Ed Raymond Macdonald, David Hargreaves and
Dorothy Miell
Raine S *Approaches to communication through music* by Margaret Corke

Vol. 17 No 2

- Sutton J Editorial – Explorations in revisiting, rethinking, reclaiming and
reconstructing the past
Fearn M C & The whole is greater than the sum of its parts: experiences of
O'Connor R co-working as music therapists
Moss H Service evaluation: music therapy and medicine for the elderly
Atkinson C The longest goodbye – a case study
Glyn J 'New York Mining Disaster'

Book Reviews

- Durham C *Contemporary Voices in Music Therapy: Communications, Culture and Community* Ed Carolyn Kenny and Brynjulf Stige
- Lamont A *The Science and Psychology of Music Performances: Creative Strategies for Teaching and Learning* Ed Richard Parncutt and Gary E McPherson
- Pavlicevic M *Culture-Centered Music Therapy* Ed Brynjulf Stige
-

BSMT BOOK LOAN SERVICE

The BSMT is setting up a Book Loan Service for members of the Society only, and this is how it will work.

- Borrowing would be arranged by telephone, letter or email.
- In order to borrow a book members should give a credit card number. We would deduct an amount to cover actual postage and packing and £2 for borrowing.
- The member would be given a date by which the book should be returned to us, preferably in the same envelope as it was despatched (which will show the correct postage for return). The period of the loan will be 3 weeks. Which could be extended for a further payment of £2 provided the member contacts the office to make this arrangement and no one else is waiting for the book.
- If it is not returned by the due date, the full cost of the book would be deducted from the credit card. The member should obtain proof of postage when returning the book.
- If the book is returned after the due date a refund can be made, but an administration charge of £5 will be made.

The BSMT will be using a limited number of titles initially for this service, and if it is popular more will be added.

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Please send me the following order for books/videos/CDs:

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APPLICATION FOR BSMT MEMBERSHIP

The Membership fee includes subscription to the **BRITISH JOURNAL OF MUSIC THERAPY** (two issues per year), and **BSMT BULLETIN** (three issues per year):

Annual Membership Fee:	£50.00
Concessionary Rate for full-time students:	£35.00
Corporate Rate for Libraries & Institutions:	£80.00

I/we wish to apply for membership/student membership/corporate membership of the BRITISH SOCIETY FOR MUSIC THERAPY, and enclose remittance of £.....
Please make cheques payable to BSMT.

Payment can also be made by credit card – please see overleaf, thank you.

Signature:

Date:

NAME: Mr/Mrs/Miss/Ms

Please give first name in full and then surname

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PROFESSION:

If applying for student membership please give details of your Course and College:

.....

The BSMT is also able to receive Gift Aid from your membership fee if you complete the form overleaf. This would be very much appreciated.

Please note the financial year commences on the 1st October of each year. Members will receive all publications for their year of membership whenever they join, except for those joining in July/August/September whose membership will run for the whole of the following year. A Receipt sent only on request, accompanied by a stamped, addressed envelope.

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BSMT Administrator, 24-27 White Lion Street, London, N1 9PD

Email: info@bsmt.org



Using **Gift Aid** means that for every pound you give, we get an extra 28p. from the Inland Revenue, helping your donation to go further. This means that £40 can be turned into over £50 just so long as donations are made through **Gift Aid**. Imagine what a difference that could make to the BSMT, and it doesn't cost you a thing.

I want all donations/membership fees in the future to be Gift Aid until I notify you otherwise.

Please sign here.....

To qualify for Gift Aid, what you pay in income tax or capital gains tax must at least equal the amount we will claim in the tax year (currently 28p. for every £1 donated).

Some Questions and Answers

What is Music Therapy?

See Page 4 for explanation

How do I train to become a music therapist?

Go to Page 27 for a list of Music Therapy training courses

Is there funding to help students?

See Page 10 of this booklet

How much do music therapists earn?

Contact the APMT for this information – See Page 9

What does State Registered mean?

Read about this on Page 9

Do you receive donations what do you do with them?

We rely on donations to help us to promote music therapy – see page 8

Can you suggest a good 'first' book for me to read, or any videos I can purchase?

We list music therapy books on Page 11 and some DVD's and videos

Is an Introductory Day suitable for me, I'm only 16?

Anyone interested in music therapy is welcome to attend – see page 2 and dates on page 7

Can I come and talk to you?

Visitors are very welcome to the BSMT and APMT Office to look at books. Please ring for an appointment

Do you have a website?

The BSMT website is www.bsmt.org and the APMT website is www.apmt.org

Can I see a music therapist at work?

This is very difficult to arrange because of the confidential nature of the work – come to one of our introductory days – see page 7

How do I find a music therapist for my child?

Contact the BSMT or APMT – see Pages 2 and 8 for contact details

How can I become a BSMT member?

Application for Membership Form on Page 36

Notes



*British Society for Music Therapy
2nd Floor, 24-27 White Lion Street, London, N1 9PD
Tel: 020 7837 6100, Email: www.bsmt.org*